

## MONDAY

1P RUSSIAN SALAD ( 3, 4 ) o BOILED PEAS AND POTATOES  
2P MEATBALLS WITH VEGETABLE SAUCE ( 12 ) o GRILLED PORK LOIN WITH FINE HERBS  
GU SAUTED COUSCOUS ( 1, 7, T6, T10 )  
PO FRESH FRUIT

**2**

## TUESDAY

1P PASTA AU GRATIN ( 1, 3, 7, T3, T6, T10 ) o SALAD WITH PASTA ( 1, 3, 4, 12, T3, T6, T10 )  
2P GRILLED HAKE WITH GARLIC AND PARSLEY ( 4 )  
GU FRESH SALAD ( lettuce, apple and carrots )  
PO YOGURT ( 7 )

**3**

## WEDNESDAY

1P LENTIL SALAD (tuna, black olives, carrot and tomato) ( 1, 4 ) o HOMEMADE HUMMUS WITH VEGETABLE DIPS ( 1, 6, 9, 11, 12 )  
2P HAM OMELETTE ( 3 ) o MUSHROOM AND AUBERGINE OMELETTE ( 3 )  
PO FRESH FRUIT

**4**

## THURSDAY

1P SAUTEED RICE WITH VEGETABLES o SAUTEED RICE  
2P BAKED CHICKEN o GRILLED CHICKEN  
GU FRESH SALAD ( lettuce, tomato and sweet corn )  
PO YOGURT ( 7 )

**5**

## FRIDAY

1P ZUCCHINI CREAM o GAZPACHO (TOMATO CREAM) WITH CROUTONS ( 1, 12, T6, T10 )  
2P HOMEMADE MARGHERITA PIZZA (1, 7, T6, T10) o HOMEMADE VEGETAL PIZZA ( 1, 7, T6, T10 )  
GU FRESH SALAD (lettuce, radish, and carrot)  
PO FRESH FRUIT

**6**

1P RICE SALAD ( 3, 4 ) o VEGETABLE RICE "PAELLA"  
2P COOKED HAM OMELETTE ( 3 ) o EGGS AU GRATIN WITH TOMATO SAUCE ( 1, 3, 7, T3 )  
GU FRESH SALAD  
PO FRESH FRUIT

**9**

1P LEEK AND POTATOES CREAM ( 7 ) o SAUTEED PEAS WITH MUSHROOMS  
BOLOGNESE PASTA ( minced mixed homemade tomato sauce ) ( 1, T6, T10 ) o BOLOGNESE PASTA (minced vegano and homemade tomato sauce) ( 1, 6, T1, T2, T4, T5, T6, T7, T8, T9, T10, T11, T13, T14 )  
PO YOGURT ( 7 )

**10**

1P BOILED GREEN BEANS AND POTATOES o MELON SOUP ( 7 )  
2P GRILLED TURKEY WITH MUSHROOMS SAUCE o BAKED MARINATED TURKEY ( 1, 6, 10 )  
GU SEASONED TOMATO AND OLIVES  
PO FRESH FRUIT

**11**

1P POTATO SALAD (black olives, tomatoes and tuna) ( 3, 4, T3 ) o GRILLED VEGETABLES  
2P BREADED CHICKEN (flour, egg and breadcrumbs) ( 1, 3, 10 ) o PICKLE ORANGE CHICKEN ( 12 )  
GU CRUDITES  
PO YOGURT ( 7 )

**12**

1P SAUTEED CHICKPEAS WITH TOMATO SAUCE o CHICKPEAS SALAD ( 4, 12 )  
2P FISH FROM THE PROXIMITY MARKET ( 4 ) o BAKED SALMON (with onion and natural tomato) ( 4 )  
GU LETTUCE, CARROT AND TOMATO SALAD  
PO FRESH FRUIT

**13**

1P FUSSILIS WITH CHEESE SAUCE ( 1, 7, T3, T6, T10 ) o PASTA SALAD ( 1, 4, T6, T10 )  
2P "GALICIAN" COD (with onion and sweet paprika) ( 2, 4, 14 ) o SALT COD FRITTERS ( 1, 4, 7, T2, T3, T5, T6, T8, T10, T14 )  
GU FRESH SALAD ( lettuce, tomato and carrot )  
PO FRESH FRUIT

**16**

1P RICE WITH HOMEMADE TOMATO SAUCE o SAUTEED RICE  
2P ZUCCHINI, ONION AND POTATO OMELETTE ( 3 ) o CHEESE OMELETTE ( 3, 7 )  
GU LETTUCE WITH SWEET CORN AND BLACK OLIVES  
PO YOGURT ( 7 )

**17**

1P VEGETABLES CREAM o BOILED FRESH VEGETABLES  
2P BAKED CHICKEN WITH APPLE ( 12 ) o GRILLED CHICKEN  
GU LETTUCE, CARROT AND TOMATO SALAD  
PO FRESH FRUIT

**18**

1P LEGUME SALAD WITH CRAB AND TUNA ( 3, 4, 10, 12, T3 ) o ROASTED VEGETABLES WITH BEANS  
2P GRILLED PORK LOIN IN "CHIMICHURRI" SAUCE ( 12 ) o PORK CHOPS WITH HONEY SAUCE (optional)  
GU POTATOES  
PO YOGURT ( 7 )

**19**

1P MACARONI WITH TWO SAUCES OF YOUR CHOICE ( 1, 7, T3, T6, T10 )  
2P GRILLED MIXED BURGER ( 12 )  
GU CHIPS  
PO ICE CREAM ( 7 )

**20**

