

DECEMBER | ELS PINETONS (Mashed menus)



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MASHED VEGETABLES WITH EGG (3) CRUSHED FRESH FRUITS	MASHED VEGETABLES WITH BEEF CRUSHED FRESH FRUITS	MASHED VEGETABLES WITH TURKEY CRUSHED FRESH FRUITS	MASHED VEGETABLES WITH HAKE (4) CRUSHED FRESH FRUITS	MASHED VEGETABLES WITH CHICKEN CRUSHED FRESH FRUITS
1	2	3	4	5
fleliding	MASHED VEGETABLES WITH BEEF CRUSHED FRESH FRUITS	MASHED VEGETABLES WITH CHICKEN CRUSHED FRESH FRUITS	MASHED VEGETABLES WITH EGG (3) CRUSHED FRESH FRUITS	MASHED VEGETABLES WITH FISH (4) CRUSHED FRESH FRUITS
8	9	10	11	12
MASHED VEGETABLES WITH FISH (4) CRUSHED FRESH FRUITS	MASHED VEGETABLES WITH EGG (3) CRUSHED FRESH FRUITS	MASHED VEGETABLES WITH BEEF CRUSHED FRESH FRUITS	MASHED VEGETABLES WITH HAKE (4) CRUSHED FRESH FRUITS	MASHED VEGETABLES WITH CHICKEN CRUSHED FRESH FRUITS
15	16	17	18	19
MASHED VEGETABLES WITH HAKE (4) CRUSHED FRESH FRUITS	MASHED VEGETABLES WITH BEEF CRUSHED FRESH FRUITS	MASHED VEGETABLES WITH CHICKEN CRUSHED FRESH FRUITS	fletiday	fleliday
22	23	24	25	26
MASHED VEGETABLES WITH EGG (3) CRUSHED FRESH FRUITS	MASHED VEGETABLES WITH CHICKEN CRUSHED FRESH FRUITS	fleliding		AND LEME OF
 29	30	31		O PALAS

PO: MASHED FRESH FRUIT





(2)











(7)

















Validated menus by our SANED dietitians.nutritionists (CAT002342)







Peanuts (5)