

DECEMBER | ELS PINETONS



LENTILS & VEGETABLE STEW	"TRINXAT DE LA CERDANYA" (sauteed			1777/1
SWEET POTATOES OMELETTE (3) FRESH SALAD (lettuce, sweet corn and beetroot) FRESH FRUIT	1P cabbage and potato) 2P GRILLED PORK & BEEF BURGER (12) GU BOILED CARROTS* PO YOGURT (7)	1P VEGETAL SOUP 2P TURKEY STEW GU SAUTEED MUSHROOMS WITH OLIVE OIL PO FRESH FRUIT	1P SAUTEED RICE WITH VEGETABLES (onion, leek, green beans, carrot and mushrooms) 2P "GALICIAN" HAKE (with onion and sweet paprika) (4) GU FRESH SALAD* PO YOGURT (7)	1P FISH SOUP WITH PASTA (1, 2, 4, 9, 14, T4, T6, T10) 2P BAKED CHICKEN GU FRESH SALAD* PO FRESH FRUIT
Heliday	1P RICE WITH HOMEMADE TOMATO SAUCE 2P MEAT CROQUETTES (1,7,14,T2,T3,T4,T6) GU FRESH SALAD* PO YOGURT (7)	1P CARROT CREAM (potato and onion) 2P BAKED CHICKEN WITH THYME GU SAUTED COUSCOUS (1, T6, T10) PO FRESH FRUIT	1P SAUTEED BABY BEANS WITH GARLIC AND PARSLEY 2P POTATOES AND ONION OMELETTE (3) GU FRESH SALAD* PO YOGURT (7)	1P "FIDEUA" WITH VEGETABLES (1, 3, 9, T6, T10) 2P BAKED COD (with onion and tomato) (4) GU FRESH SALAD* PO FRESH FRUIT
8	9	10	11	12
BOILED GREEN BEANS AND POTATOES BOLOGNESE PASTA (minced vegano and homemade tomato sauce) (1, 6, T1, T3, T5, T6, T8, T10, T11) FRESH FRUIT	1P SAUTEED RICE 2P OMELETTE (3) FRESH SALAD* GU PO YOGURT (7)	CHICKPEAS & VEGETABLES STEW 1P (onion, garlic, green and red pepper and tomato) 2P BAKED HAKE (onion and tomato) (4) GU FRESH SALAD* PO FRESH FRUIT	1P VEGETABLES CREAM (green beans, chard, carrot and potato) 2P LOIN WITH APPLE SAUCE GU FRESH SALAD* PO YOGURT (7)	1P CHRISTMAS SOUP WITH SMALL MEATBALLS (1, 3, 9, 12, T6, T10) 2P BAKED CHICKEN (with tomato and onion) PO FRESH FRUIT
15	16	17	18	19
VEGETABLES CREAM (green beans, chard, carrot and potato) GRILLED HAKE(4) FRESH SALAD* FRESH FRUIT	PASTA WITH NAPOLITAN SAUCE AND CHEESE (1, 7, T3, T6, T10) PMEATBALLS (12) GU BOILED VEGETALBES PO YOGURT (7)	1P VEGETAL SOUP 2P GRILLED CHICKEN GU FRESH SALAD* PO FRESH FRUIT	floliday	flotiday
22		24	25	26
LENTILS & VEGETABLE STEW OMELETTE (3) FRESH SALAD* FRESH FRUIT	PASTA SOUP (1, 3, 9, T6, T10) PASTA SOUP (1, 3, 9, T6, T10) PBAKED CHICKEN BOILED CARROTS PO YOGURT (7)	fleliding,	fluon, pelidins	SREAD SREAD
	8 BOILED GREEN BEANS AND POTATOES BOLOGNESS PASTA (minced vegano and homemade tomato sauce) (1, 6, T1, T3, T5, T6, T8, T10, T11) FRESH FRUIT 15 VEGETABLES CREAM (green beans, chard, carrot and potato) GRILLED HAKE (4) FRESH SALAD* FRESH FRUIT 22 LENTILS & VEGETABLE STEW OMELETTE (3) FRESH SALAD*	1 2 1 PO YOGURT (7) 1 PRICE WITH HOMEMADE TOMATO SAUCE 2 PMEAT CROQUETTES (1, 7, 14, T2, T3, T4, T6) GU FRESH SALAD* PO YOGURT (7) 8 PO YOGURT (7) 9 PO YOGURT (7) 10 PO YOGURT (7) 11 PO YOGURT (7) 12 PO MELETTE (3) 13 PASTA WITH NAPOLITAN SAUCE AND CHEESE (1, 7, T3, T6, T10) 24 PO YOGURT (7) 15 PO YOGURT (7) 16 PO YOGURT (7) 17 PO YOGURT (7) 18 PO YOGURT (7) 19 PASTA WITH NAPOLITAN SAUCE AND CHEESE (1, 7, T3, T6, T10) 29 PASTA SOUP (7) 20 PO YOGURT (7) 20 PO YOGURT (7) 20 PO YOGURT (7) 21 PO YOGURT (7) 22 PO MELETTE (3) 29 PASTA SOUP (1, 3, 9, T6, T10) 29 PASTA SOUP (1, 3, 9, T6, T10) 20 PASTA SOUP (1, 3, 9, T6, T10) 20 PASTA SOUP (1, 3, 9, T6, T10) 21 PASTA SOUP (1, 3, 9, T6, T10) 22 PASTA SOUP (1, 3, 9, T6, T10) 23 PASTA SOUP (1, 3, 9, T6, T10) 26 PO YOGURT (7)	TO YOGURT (7) 1 PRICE WITH HOMEMADE TOMATO SAUCE 2 PTG 1	1 2 3 4 1 P RICE WITH HOMEMADE TOMATO SAUCE 2 P MEAT CROQUETTES (1,7,14, T2,T3,T4, T6) 1 P RICE WITH HOMEMADE TOMATO SAUCE 2 P MEAT CROQUETTES (1,7,14,T2,T3,T4, T6) 2 P MEAT CROQUETTES (1,7,14,T2,T3,T4, T6) 3 P CARROT CREAM (potato and onion) 4 P ARASLEY 4 P POTATOES AND ONION OMELETTE (3) 5 PO YOGURT (7) 8 9 10 FRESH SALAD* 9 PO FRESH FRUIT BOILED GREEN BEANS AND POTATOES BOLOGNESS PASTA (minced vegano and homemade tomato sauce) (1, 5, T1, T3, T5, T6, T3, T0, T11) 1 FRESH FRUIT PO YOGURT (7) 15 16 17 17 18 VEGETABLES CREAM (green beans, chard, carrot and potato) 6 GU FRESH SALAD* PO YOGURT (7) 18 17 18 VEGETABLES CREAM (green beans, chard, carrot and potato) 6 GU FRESH SALAD* PO FRESH FRUIT 19 PASTA WITH NAPOLITAN SAUCE AND CHEESE (1, 7, T3, T6, T10) 2 P MEATBALLS (12) 2 P MEATBALLS (12) 2 P MEATBALLS (12) 2 P MEATBALLS (12) 3 P PASTA SOUP (1, 3, 9, YEGETABLES & PO YOGURT (7) 4 PASTA SOUP (1, 3, 9, YEGETABLES & PO FRESH FRUIT 19 VEGETABLE STEW OMELETTE (3) 10 FRESH SALAD* 11 P PASTA SOUP (1, 3, 9, YEGETABLES & PO FRESH FRUIT 10 P PASTA SOUP (1, 3, 9, YEGETABLES & PO FRESH FRUIT 11 P PASTA SOUP (1, 3, 9, YEGETABLES & PO FRESH FRUIT 19 VEGETABLE STEW OMELETTE (3) 10 P PASTA SOUP (1, 3, 9, YEGETABLES & PO FRESH FRUIT 10 P PASTA SOUP (1, 3, 9, YEGETABLES & PO FRESH FRUIT 11 P PASTA SOUP (1, 3, 9, YEGETABLES & PO FRESH FRUIT 12 P PASTA SOUP (1, 3, 9, YEGETABLES & PO PASTA SOUP (





























