

FEBRUARY | (Mashed menus)



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|--|---|
| MASHED VEGETABLES WITH EGG (3) CRUSHED FRESH FRUITS 2 | MASHED VEGETABLES WITH TURKEY CRUSHED FRESH FRUITS 3 | MASHED VEGETABLES WITH COD (4) CRUSHED FRESH FRUITS 4 | MASHED VEGETABLES WITH BEEF CRUSHED FRESH FRUITS 5 | MASHED VEGETABLES WITH CHICKEN CRUSHED FRESH FRUITS 6 |
| MASHED VEGETABLES WITH HAKE (4) CRUSHED FRESH FRUITS 9 | MASHED VEGETABLES WITH PORK LOIN CRUSHED FRESH FRUITS 10 | MASHED VEGETABLES WITH TURKEY CRUSHED FRESH FRUITS 11 | MASHED VEGETABLES WITH EGG (3) CRUSHED FRESH FRUITS 12 | MASHED VEGETABLES WITH CHICKEN CRUSHED FRESH FRUITS 13 |
| <i>Holiday</i> 16 | MASHED VEGETABLES WITH BEEF CRUSHED FRESH FRUITS 17 | MASHED VEGETABLES WITH EGG (3) CRUSHED FRESH FRUITS 18 | MASHED VEGETABLES WITH CHICKEN CRUSHED FRESH FRUITS 19 | MASHED VEGETABLES WITH HAKE (4) CRUSHED FRESH FRUITS 20 |
| MASHED VEGETABLES WITH EGG (3) CRUSHED FRESH FRUITS 23 | MASHED VEGETABLES WITH BEEF CRUSHED FRESH FRUITS 24 | MASHED VEGETABLES WITH MONKFISH (2, 4) CRUSHED FRESH FRUITS 25 | MASHED VEGETABLES WITH CHICKEN CRUSHED FRESH FRUITS 26 | MASHED VEGETABLES WITH TURKEY CRUSHED FRESH FRUITS 27 |



Validated menus by our SANED dietitians.nutritionists (CAT002342)

PO: MASHED FRESH FRUIT

