VEGETABLES: MONDAY, WEDNESDAY AND FRIDAY: green beans, zucchini, onion and potato

VEGETABLES TUESDAY AND THURSDAY: pumpkin, carrot and leek

OCTUBRE | ELS PINETONS
(Mashed menu)

Llar d'Infants Els Pinetons

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Holiday 1	Holiday 2
MASHED VEGETABLES WITH BEEF CRUSHED FRESH FRUITS 5	MASHED VEGETABLES WITH TURKEY CRUSHED FRESH FRUITS 6	MASHED VEGETABLES WITH HAKE (4, T2, T14) CRUSHED FRESH FRUITS 7	MASHED VEGETABLES WITH EGG (3) CRUSHED FRESH FRUITS 8	MASHED VEGETABLES WITH CHICKEN CRUSHED FRESH FRUITS 9
Holiday 12	MASHED VEGETABLES WITH EGG (3) CRUSHED FRESH FRUITS 13	MASHED VEGETABLES WITH BEEF CRUSHED FRESH FRUITS 14	MASHED VEGETABLES WITH CHICKEN CRUSHED FRESH FRUITS 15	MASHED VEGETABLES WITH COD (4) CRUSHED FRESH FRUITS DIA MUNDIAL DE L'ALIMENTACIÓ 16
MASHED VEGETABLES WITH BEEF CRUSHED FRESH FRUITS 19	MASHED VEGETABLES WITH EGG (3) CRUSHED FRESH FRUITS 20	MASHED VEGETABLES WITH CHICKEN CRUSHED FRESH FRUITS 21	MASHED VEGETABLES WITH HAKE (4, T2, T14) CRUSHED FRESH FRUITS 22	MASHED VEGETABLES WITH TURKEY CRUSHED FRESH FRUITS 23
MASHED VEGETABLES WITH EGG (3) CRUSHED FRESH FRUITS 26	MASHED VEGETABLES WITH TURKEY CRUSHED FRESH FRUITS 27	MASHED VEGETABLES WITH COD (4) CRUSHED FRESH FRUITS 28	MASHED VEGETABLES WITH BEEF CRUSHED FRESH FRUITS 29	MASHED VEGETABLES WITH CHICKEN CRUSHED FRESH FRUITS 30

Menú validado por dietistas-nutricionistas colegiadas de SANED

SANED

Gluten (1) · Crustaceans (2) · Eggs (3) · Fish (4) · Peanuts (5) · Soy (6) · Milk (7) · Nuts (8) · Celery (9) · Mustard (10) · Sesame (11) · Sulfites (12) · Lupins (13) · Molluscs (14)

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